

## WAXING

### Before

- hair should be at least 1/4 inch long
- avoid sun excessive exposure, saunas, spas, steam rooms and other heated areas 48 hours before.
- wear comfortable underwear to avoid skin irritation after waxing
- Do not apply any creams, lotions, or gels to the area being waxed on the day of your appointment
- Do not take aspirin
- Ibuprofen may be used 30mins prior if needed for comfort

### During:

- you will be asked to uncover the area to be waxed for Brazilian to be naked from the waist down.
- area to be waxed will be cleansed.
- area will be waxed with hard wax.
- stray hair will be tweezed as needed

### After:

- Your wax technician will give you specific recommendations for aftercare.
- Cleanse area well, protect and moisturized skin daily with a lotion that will reduce the chances of infection as follicles are open and exposed. We recommend I love my m~~uff~~ or fruit acid botanical.
- No hot baths directly after
- avoid chlorinated swimming pools 24 hours after
- avoid heavy exercise for 24 hours after waxing
- avoid using exfoliating products for at least 72 hours after waxing to avoid irritation
- avoid using natural loofahs As bacteria thrives in natural fibers. Using synthetic gloves.
- avoid tight clothing in freshly waxed area. Wear loose underwear.
- avoid shaving in between waxing
- avoid applying to order in for the first 24 hours
- if you experience discomfort or have questions contact us immediately

## VAGACIAL

Suggested for women who get Brazilian waxes, the trademarked treatment aims to do for your personal areas what a facial does for your face. The Vagacial is important as it really addresses and treats the key needs of anyone who gets waxed.

Meant to be performed one week after waxing, the 30-minute treatment involves four steps. First, skin is cleansed, then, exfoliated before the esthetician extracts ingrown hairs. After that, an anti-freckle, lightening, anti-acne, or calming mask is applied. It finishes off with an application of moisturizing cream especially for the vagina.