

WHY CONSIDER LASER HAIR REMOVAL?

- The result from laser hair removal cannot be matched by traditional methods of hair removal. Not only will you save money in the long run, but you will save yourself a lot of time that would have been spent removing the hair.

HOW IT WORKS?

- The laser removes the hair by a process called selective photothermolysis, which means getting the right amount of laser energy at the right wavelength, targets the melanin in the follicle eventually it is able to destroy the hair follicle without destroying the surrounding skin.
- Dynamic Cooling is used during the treatment the skin is further protected & cooled down providing a far more comfortable experienced,
- In order to understand Laser Hair Removal further you need an understanding of the Hair Growth Cycle. The Hair growth cycle has three distinct growth phases. These are known as Anagen: Active growth phase, Catagen: Regressive phase and Telogen: Resting phase. **Special Note:** It is ONLY during the active growth 'Anagen' phase that Laser can disables hair growth.
- The cycle for Facial Hair renews every 4 wks and for Body Hair renews every 6 wks. The cycles for each hair is not synchronized, which is why having multiple treatments at correct intervals for optimal results. ie. Every 4 wks for Face & 6 wks for Body treatments.

SKIN COLOR?

- All skin types are suitable for The GENTLEMAXPRO including the darkest skin. We use the Nd:YAG setting which is safe to use on dark skin types.

YOU WILL BENEFIT...

- if you are prone to suffer from ingrown hairs.
- if you find traditional methods of hair removal difficult or inconvenient and desire a quick safe solution for hair reduction.
- if you desire smooth, soft skin after hair removal as laser treatments will ensure that rough, dry skin becomes a thing of the past.
- if you suffer from or are prone to conditions which include abnormal or increased hair growth.

IMPORTANT

- The golden rule for Laser Hair Removal is that the hair needs to be darker than the skin, the darker the hair the better. Unfortunately, we cannot treat white/grey, blonde or red hairs
- You should have short visible hair when you come in for consult. Prior to treatment: the hair should be shaved the night/day before. We need the hairs to be below the skin surface to make the treatment more effective & as comfortable as possible.
- We charge \$40.00 for the Patch Test if a session isn't purchased at day of consult, which is applied against your first session.
- There is no need to grow your hair out for regular treatments; you may shave as many times as you wish, this will not affect the results.

The following methods are suitable for removing hair:

Shaving – removing the hair by using a blade.

Trimming – removing the hair by the use of a machine to cut the hairs; or

Hair Removing Creams – removing the hair by applying a non-invasive cream that removes the hair without it affecting the follicle.

The following methods should not be used to remove hair:

Bleaching – Lightening the hair using harsh chemicals.

Epilating – removing the hair, including the follicle, by a pulling motion. Included in this are Waxing, Epilating Machines, Plucking, Threading, Tweezing and more.

POSSIBLE SIDE EFFECTS

- After the treatment you can get temporary erythema (redness) or temporary per-follicular edema (swelling/lumps)
- In some rare cases, people have suffered from temporary blistering and scabbing.
- Any initial reactions should settle down within a 48 hours period.
- Aloe Vera Gel and cool/ice packs should be used to reduce irritation.
- There is also a very slight risk of hyper- and hypo- pigmentation. This is the darkening and lightening of the skin, which is why it is important to protect the skin from the sun using sunscreen of SPF 30 or above.

NUMBER OF TREATMENTS REQUIRED

The number of treatments are dependent on the individual, medical background & hormonal changes in the body. Some clients are happy after 6 sessions; whereas some people need 12. It is important to note that maintenance sessions may be required.

- Usually, woman's faces require more treatments than bodily areas. Women are predisposed to grow new hair on the face as they get older. Hormones, menopause & medication all increase growth.
- Areas like legs, bikini & under arms are 95% successful because women are predisposed to lose hair in these areas as they get older.
- During the initial 6 treatments, we recommend treatments every 4 weeks for the face & every 6 weeks for the body areas.